

Celtic Spirit!

COPPER **KNOB**
BY THE POST

Count: 32

Wall: 4

Level: Absolute Beginner / Beginner

Choreographer: Annemaree Sleeth (AUS) - March 2012

Music: Celtic Rock - David King : (Album: Spirit of the Dance)



16 count intro

Sec 1: V STEP, R VINE , HITCH

1-4 Step R diag fwd, step L diag fwd, step R back, step L beside R,
5-8 Step R side, cross L behind R, step R side, hitch L

Sec2: VINE, HITCH , R POINT FWD, SIDE, BEHIND, HITCH (hands on hips, turn head to the right)

1-4 Step L side, cross R behind L, step L side, hitch R ,
5-8 Point R fwd, point R side, point R behind L, hitch R, (option hands on hips)

* optional Restart here on wall 5 facing front

Sec 3: FWD, RECOVER, BACK , HOLD , L BACK , RECOVER, FORWARD ,HOLD.

1-4 Step R fwd, recover L, step R back, hold,
5-8 Step L back, recover R, Step L fwd , hold

Sec 4: TOE /HEEL TOUCHES FWD, TURN ¼ L, STOMP 4

1-4 Touch R fwd, step R beside L, touch L fwd, step L beside R
5-8 ¼ turn L , stomping as you turn R, L, R, L (wght L) (option hands on hips)

The restart fits the music better with it in, but is up to you if you use it or not .

START AGAIN

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